



## WINDSOR JEWISH COMMUNITY CENTRE

1641 Ouellette Avenue, Windsor, Ontario N8X 1K9



The **Windsor Jewish Community Centre** is now open with updated Covid Protocols to ensure safety for our community and staff members.

### UPDATED COVID PROTOCOLS IN THE WJCC

- Washrooms cleaned regularly
- Enhanced sanitizing measures
- Social distancing signage throughout building
- Screening of all visitors to the WJCC via questions and forehead temperature check.
- Reduced Hours of Operation

### WJCC REDUCED HOURS OF OPERATION

**Monday- Thursday:** 9am - 5pm

**Friday:** 9am - 12pm

**Weekends:** Closed

### FITNESS CENTRE

Our small boutique style Fitness Centre is also open with Covid safety policies in place, as well as constant supervision from Jamie McCurdy of Ascend Personal training.

**BY APPOINTMENT  
ONLY**

**Reservations will now be required to use the Fitness Centre.**

*(Whether working out solo, or with our trainer Jamie.)*

## To reserve your Fitness Centre time:

Please call or text Jamie McCurdy at 226-787-2428.

(If there is no answer, please leave a voicemail, as he will not answer calls during training sessions. Gym reservations will be offered on a first come, first serve basis.)

## WJCC FITNESS CENTRE - POLICIES

- **Maximum of 4 people** will be allowed in the gym at any time (including Jamie).
- All gym users are expected to wear a mask, unless there is a legitimate reason they cannot.
- All gym users will put on hand sanitizer when entering gym.
- All gym users will sanitize their equipment before and after each use, with the sanitizing wipes provided by the WJCC.
- Jamie McCurdy will also do a sanitizing of each piece of equipment after each use.
- Hard to clean items such as ropes, yoga balls and foam rollers will be removed from the gym.
- The changing rooms, shower, sauna, steam room and water fountains will be closed until further notice.
- Please come gym ready, with a filled water bottle.
- Some machines have been moved or blocked off to increase distancing in the gym.

## QUESTIONS/ CONCERNS?

If you have any questions about the reopening of the WJCC, please contact the Executive Director at 519-973-1772 (226).

Thank you for your  
co-operation!